## ONE OF THE MOST POWERFUL TOOLS WE HAVE AS HUMANS IS OUR ABILITY TO VISUALIZE AND TURN OUR MENTAL EXPERIENCES INTO REAL ONES

If you want to achieve Freedom & Fulfilment, it's very important to have a clear vision of what your Magic Life looks like.

**What does your Freedom & Fulfilment LOOK like, FEEL like, SMELL like and TASTE like?**

On the following pages, take some time to describe your version of freedom & fulfilment in juicy detail:

- Where you are
- What you're doing (or not doing)
- What you're thinking about (or not thinking about)
- Who you're with
- Where you are
- How you feel
- What's around you

*...and any other sensory details you can cram in*

**Remember this is your DREAM NORMAL DAY**: an ordinary day when you have this MAGIC LIFE full of self confidence, self-love, financial freedom, companionship and kinship, travel and adventure or homebody comforts... *it's up to you!*